

Dear Friends:

Welcome to Vantage Healthcare. We hope that you will find our primary care medical services satisfying for many years to come. Our team of doctors, physician assistants, nurse practitioners and staff are specially trained in the needs of older adults. We see patients across the spectrum of care: at retirement communities, assisted living, and memory care facilities.

As your primary care provider, here is what you can expect from us:

- 1. We try to be friendly and understanding at all times.
- 2. We do our best to respect your time and be on time for appointments.
- 3. We will work with you to find a team of clinicians (a doctor and either a physician assistant or nurse practitioner) whom you like and trust.
- 4. We endeavor to know where you are (at home, in the hospital, in a nursing facility, or elsewhere) and how you are doing.
- 5. We can see you at different settings (assisted living).
- 6. We educate our clinicians and staff about the most current knowledge in geriatric medicine so they can deliver the best care to you.
- 7. We respond guickly and respectfully to your concerns about the practice.
- 8. We do our best to have fun as we all struggle with the challenges of aging.
- 9. Vantage Healthcare also offers patients and proxy the access to our online patient portal.

In order for us to serve you best, we need your help. This is what we ask of you:

- If you or your loved one goes to a hospital or a nursing facility, please let us know. Please call us at 781-867-2050 to confirm these changes.
- Please be patient with us if we have unexpected emergencies and run late in the clinic.
- If you should need to reschedule an appointment or refill a prescription, please phone our appointment line at: 781-867-2050.

We look forward to many years of working with you, with your family, and with your good friends.

Sincerely,

Phone: 781-867-2050

Your Vantage Healthcare Providers and Staff



PERMISSION TO SHARE MEDICAL INFORMATION

Phone: 781-867-2050

| l, | , give per | mission for Vantage Healthcare to discuss my |
|--|------------|--|
| medical condition with the following family me | mbers. | |
| Name | | Relationship |
| | | |
| | _ | |
| | _ | |
| | _ | |
| | | |
| | _ | |
| | | |
| Patient/POA Signature | <u> </u> | Date |



| HEALTH INFORMATION PRIVACY P | PRACTICES ACKNOWLEDGEI | VIENI |
|---|-----------------------------|------------------------------------|
| Patient Name | Date o | of Birth |
| I acknowledge that I have received Healthcare. | a document titled "Notice o | of Privacy Practices" from Vantage |
| Patient Signature | ~OR~ | Patient Representative's Signature |
| Date | | Relationship to Patient |
| | | |
| | | |
| | | |

FOR OFFICE USE ONLY

I attempted to obtain the patient's signature on this form and was unable to because of the reason stated below. I affirm that the patient received a copy of the "Notice of Privacy Practices."

Date:

Phone: 781-867-2050

Initials:

Reason:



Notice of Privacy Practices – Vantage Healthcare

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY. WE HAVE THE RIGHT TO CHANGE AND UPDATE THIS NOTICE.

Uses and Disclosures

Treatment. Your health information may be used by Vantage Healthcare staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions, and providing treatment.

Payment. Your health information may be used to seek payment from your health plan or other payers. For example, your health plan may request and receive information on dates of service, the services provided, and the medical condition being treated.

Health care operations. Your health information may be used as necessary to support the day-to-day activities and management of Vantage Healthcare. For example, information on the services you received may be used to evaluate and promote quality.

Law enforcement. Your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations, and to comply with government mandated reporting.

Public health reporting. Your health information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the State's public health department.

Other uses and disclosures require your authorization. Disclosure or use of your health information for any purpose other than those listed above requires your specific written authorization. If you change your mind after authorizing a use or disclosure of your information you may revoke your authorization in writing. However, your decision to revoke the authorization will not affect or undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.

Additional Uses of Information

Phone: 781-867-2050

Appointment reminders. Your health information will be used by our staff to send you appointment reminders.

Information about treatments. Your health information may be used to send you information that you may find interesting on the treatment and management of your medical condition. We may also send your information describing other health-related products and services that we believe may interest you.



Information for Family Members, Caregivers, or Friends. Unless you object, we may use or disclose your medical Information to notify a family member, a personal representative, or another person responsible for your care of your location, general condition, or death.

Individual Rights. You have certain rights under the federal privacy standards. These include:

- The right to inspect and copy your medical information. However, Vantage Healthcare may deny your request for certain specific reasons. If your request is denied, we will provide you with a written explanation for the denial and give you additional Information about your rights.
- The right to request additional confidentiality for protected health information when used by Vantage Healthcare for the purposes of treatment, payment, or healthcare operations.
 - o However, we have the right to approve or deny your request.
 - Additionally, if we approve your request, we have the right to terminate that agreement provided we notify you in writing of our decision to do so.
- The right to request a correction or amendment to your health information. However, Vantage
 Healthcare may deny your request for certain specific reasons. If your request is denied, we will
 provide you with a written explanation for the denial and give you additional Information about your
 rights.
- The right to receive an accounting of the disclosures of your medical information made by Vantage Healthcare in the six years prior to your request. This right begins on April 14, 2019, and applies to disclosures made on or after April 14, 2019. However, the following disclosures do not require an accounting under federal law:
 - Disclosures made for treatment, payment, or other healthcare operations purposes;
 - Disclosures made to you;

Phone: 781-867-2050

- Disclosures made in such a way that your identity was kept confidential by restricting the amount and type of information that was disclosed;
- Disclosures made to health oversight agencies or law enforcement agencies if they provide us with a written statement that temporarily prevents us from making such an accounting;
- Disclosures made for national security or intelligence purposes;
- o Disclosures made to correctional institutions or to law enforcement officials
- The right to request a paper copy of this Notice of Privacy Practices for Protected Health Information.

Vantage Healthcare Duties. We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices. We also are required to abide by the privacy policies and practices that are outlined in this notice.

Vantage's Right to Revise Privacy Practices. As permitted by law, we reserve the right to amend or modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visit. The revised policies and practices will be applied to all protected health information we maintain.



Requests to Inspect Protected Health Information. You may generally inspect or copy the protected health information that we maintain. As permitted by federal regulation, we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting the Vantage Healthcare or the Vantage Privacy Officer. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request.

Complaints. If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

Jamie Elliott Privacy Officer Vantage Healthcare PO Box 620550 Newton Lower Falls, MA 02462

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of your concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint. You can also file a complaint with the Federal Office of Civil Rights.

Contact Person. The name and address of the person you can contact for further information concerning our privacy practices is:

Jamie Elliott Privacy Officer Vantage Healthcare PO Box 620550 Newton Lower Falls, MA 02462

Created: 2/19/2018 Effective: 4/14/2018

Revised: 4/15/2019, 6/10/2021

Phone: 781-867-2050



AUTHORIZATION AND CONSENT FOR MEDICAL CARE

Authorization for Treatment

The undersigned hereby consents to and authorizes the administration and performance of medical care that may be in the judgment of the physician or clinician are considered advisable and necessary, which may include the performance of certain blood tests for communicable diseases such as Hepatitis and HIV infection.

Release of Information to Insurance Carriers

Vantage Healthcare and physicians or clinicians are authorized to furnish information necessary to process claims to an insurer, compensation carrier, or welfare agency which may be providing financial assistance for hospital care.

Medicare Patient's Certification, Authorization to Release Information and Payment Request

I request that payment of authorized Medicare benefits be made either to me or on my behalf to Vantage Healthcare. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents any information needed to determine these benefits or the benefits payable for related services.

I further authorize the Medicare program to furnish medical or other information acquired on this visit by its intermediary under the Title XVIII Program to the extent necessary to process any complementary coverage claim.

FINANCIAL RESPONSIBILITY

Phone: 781-867-2050

In consideration of the rendering of service to the patient, the undersigned guarantees the payment of any amount due for such services rendered by and physician or clinician over and above the amount covered by Medicare and/or insurance.

| I hereby certify that I have read and fully un | derstand the | e above authorizations. | |
|--|--------------|-------------------------|--|
| | | | |
| Patient Name/Signature | | Date | |
| | ~OR~ | | |
| | | Witness | |
| Patient Representative's Signature | | | |
| | | Relationship to Patient | |
| | | | |



Consent for Chronic Care Management (CCM)

Thank you for choosing Vantage Healthcare as your partner for all your healthcare needs. We strive to provide excellence in Geriatric Medicine and are pleased to introduce our Chronic Care Management (CCM) program, which you qualify for. This program is a Medicare designed program that provides extra services for people with two or more chronic conditions. Studies have shown that two or more chronic conditions place the patient at significant risk of functional decline, acute exacerbation/decompensation of illnesses, falls, increased emergency room visits, and death. The goal of the program is as follows:

- To provide a team-based concierge level approach to your health care needs
- Provide an RN to coordinate care with the patient and family, physicians, nurse practitioners, other specialists, home care, rehab services, lab, and any other service involved in your care
- Design comprehensive care plans that are implemented, revised, and monitored by the care team
- Care plans are designed to address physical, mental, cognitive, psychosocial, functional, and environmental needs.
- Access to your care team is 24/7

Phone: 781-867-2050

- Your Nurse Care Coordinator is available Monday-Friday 9am to 5 pm for all your medication needs, questions, or issues
- Medicare does require cost sharing in the form of a co-pay which may be covered by your coinsurance, if applicable

Medicare firmly believes in this program that they have designed for their beneficiaries and can be seen on the CMS website www.cms.gov. Search for Chronic Care Management to access their web pages.

| I authorize Vantage Healthcare Services to enroll | me in their Chronic Care Management (CCM) program |
|---|---|
| Resident's Name | DOB |
| ALF Community Name | |
| Signature (or HCP/POA) | |



AUTHORIZATION AND CONSENT FOR BEHAVIORIAL HEALTH SERVICES / PSYCHIATRIC CARE

Authorization for Treatment

The undersigned hereby consents to and authorizes the administration and performance of Behavioral Health / Psychiatric Care that may be in the judgment of the physician, clinician, or behavioral health specialist considered advisable and necessary, which may include the performance of certain blood tests for communicable diseases such as Hepatitis and HIV infection.

Release of Information to Insurance Carriers

Vantage Healthcare and physicians, clinicians, or behavioral health specialist are authorized to furnish information necessary to process claims to an insurer, compensation carrier, or welfare agency which may be providing financial assistance for hospital care.

Medicare Patient's Certification, Authorization to Release Information and Payment Request

I request that payment of authorized Medicare benefits be made either to me or on my behalf to Vantage Healthcare. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents any information needed to determine these benefits or the benefits payable for related services.

I further authorize the Medicare program to furnish medical or other information acquired on this visit by its intermediary under the Title XVIII Program to the extent necessary to process any complementary coverage claim.

FINANCIAL RESPONSIBILITY

Phone: 781-867-2050

In consideration of the rendering of service to the patient, the undersigned guarantees the payment of any amount due for such services rendered by and physician, clinician, or behavioral health specialist over and above the amount covered by Medicare and/or insurance.

| Thereby certify that I have read and Juliy und | ierstana trie ai | gove authorizations. | |
|--|------------------|-------------------------|--|
| Patient Name/Signature | | Date | |
| | ~OR~ | | |
| Patient Representative's Signature | | Witness | |
| | | Relationship to Patient | |

q

AUTHORIZATION FOR RELEASE OF PATIENT INFORMATION Last Name First Name MI Date of Birth Social Security Number Telephone **Email Address** Please send my records from: To: **Vantage Healthcare** PO Box 520 Seekonk, MA 02771 Fax: 781-867-2040 State: Phone: _____ I request and authorize the release of information to the organization, agency, or individual named above. I understand that the information to be released may include the following condition(s): 1. Drug Abuse/Alcohol Abuse (Federal Regulation 42C.F.R., Part 2) 2. Psychological or psychiatric conditions 3. A test for the presence of antibodies (HIV, virus which causes AIDS) 4. An AIDS diagnosis and/or an AIDS-related condition **Information Requested** (Check those to be released) ☐ Doctors' notes ☐ History & Physical ☐ Diagnostic studies X-ray report Psychological/psychiatric evaluation Complete chart ☐ Lab reports Pathology reports Other (specify): I certify that this request has been made voluntarily. This authorization is subject to written revocation at any time, except to the extent that action has already been taken to comply with it. In any event, this authorization expires 90 days from the date of signature. I release the above named from liability and claims of any nature pertaining to the disclosure of requested information contained in my medical records.

10

PO Box 520, Seekonk, MA 02771

Date

Signature of Patient or Patient Representative

PATIENT DEMOGRAPHIC INFORMATION (This section refers to the PATIENT ONLY)

| I am currently a reside (Facility Name) | nt at: | | | | | |
|---|---------------------------|----------------------|-----------------|-------|-------------------|------|
| Last Name: | | | | | | |
| First Name: | | | Middle Name: | | | |
| Address: | | | | | | |
| City: | | | | | ZIP: | |
| Phone: | | _ | Cell: | | | |
| Email: | | | | @ | | .com |
| Date of Birth: | | | SSN: _ | | | |
| Spouse Name: (If Applica | able) | | | | | |
| Race: | | Primary | y Language: | | | |
| Sex: (Circle One) | Male | Female | | | | |
| Marital Status: (Circle One) | Single Legally Separat | Married ed Unknov | | Widow | red | |
| Employment Status: (Circle One) | | | | | Full-time student | |
| Employer Name: | | | _ Work Phone: _ | | | |
| How did you hear abou | ut Vantage Healtl | hcare? | | | | |

Fax: 781-867-2040



INSURANCE INFORMATION

Phone: 781-867-2050

Please complete thoroughly. We will need a copy of your insurance cards.

| Name of Policy Holder: | | |
|--|-----------------------------|--------------------------------|
| Relationship to patient? Self Husband | ☐ Wife ☐ Paren | t 🔲 Other: |
| Name of Primary Insurance: | | |
| Member ID/Policy #: | Group #: | |
| Name of Secondary Insurance: | | |
| Member ID/Policy #: | | |
| · · · · | | |
| RESPONSIBLE PARTY/GUARANTOR INFORMATION This is the person who should receive invoices, statem | | spondence. |
| ONLY complete this section if the Responsible Party/Guarant | or is NOT the Patient or th | e Policy Holder. |
| ☐ Self (Skip to Emergency Contact Section) | □Policy Holder (Skip t | to Emergency Contact Section) |
| Last Name: First Nar | ne: | Middle Name: |
| Address: | | |
| City: | State: | ZIP: |
| Home Phone: | Mobile Phone | : |
| Work Phone: | Pager: | |
| | | |
| PREFERRED PHARMACY | | |
| Pharmacy Name: | | |
| City: | State: | ZIP: |
| Phone: | Fax: | |

12

PO Box 520, Seekonk, MA 02771 Fax: 781-867-2040 **EMERGENCY CONTACT INFORMATION** (This section refers to the EMERGENCY CONTACT ONLY)

| Patient's Relationship to Emergency C | ontact: | | | |
|---------------------------------------|-------------|---------------|--------------|---|
| Is emergency contact a guardian? | | | | |
| Last Name: | First Name: | | Middle Name: | |
| Address: | | | | |
| 7.dui ess | | | | _ |
| City: | | State: | ZIP: | |
| Home Phone: | | Mobile Phone: | | |
| Work Phone: | | Pager: | | |

Fax: 781-867-2040



FUNCTIONAL ABILITY SCREENING (This section pertains to the PATIENT ONLY)

| Facility Name: | Last Name: | First Name: |
|----------------|------------|-------------|
| · — | | |

ACTIVITIES OF DAILY LIVING

Phone: 781-867-2050

We want to know if you need help with any of the following tasks and who helps you.

Please check the appropriate columns below.

| Task | I Don't Need Help | l Need Help | Who Helps Me |
|---|-------------------|-------------|--------------|
| Feeding yourself | | | |
| Getting from bed to chair | | | |
| Getting to the toilet | | | |
| Getting dressed | | | |
| Bathing | | | |
| Walking | | | |
| Using the telephone | | | |
| Taking your medicines | | | |
| Preparing meals | | | |
| Managing money | | | |
| Financial affairs | | | |
| Checkbook | | | |
| Doing laundry | | | |
| Doing housework | | | |
| Shopping for groceries | | | |
| Driving | | | |
| Doing "handyman" work | | | |
| Climbing a flight of stairs | | | |
| Getting to places beyond walking distance | | | |
| Other: | | | |
| | | | |
| | | | |



PLANNING FOR FUTURE HEALTH CARE (This section pertains to the PATIENT ONLY)

| Facility Name: | Last Na | me: | Fir | rst Name: |
|--|-----------|----------|--------------------------|------------------------|
| ADVANCED DIRECTIVES Please provide copies of all pertinent le | egal docu | mentati | on related to the qu | estions below. |
| Торіс | Yes | No | Copy Attached? Yes/No | Additional Information |
| Do you have a Medical Durable Power of Attorney? | | | | |
| Do you have a Health Care Proxy? | | | | |
| Do you have a Living Will? | | | | |
| Do you have a MOLST? | | | | |
| | | | | |
| | | | | |
| Would you like us to provide you with Are there any religious or social issues directives? (Blood transfusions/Feeding tube If yes, please explain: Use separat | we need | to be av | vare of in advising yo | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Fax: 781-867-2040

| acility Name: | Last Name: | First Name: |
|--|----------------|--|
| | | uating your health, it is extremely important All information provided is kept confidential |
| MEDICATIONS I. List all medicines that you use Please use separate page, if | | tions/Over-the-Counter, Natural products, supplement |
| Name of Current Medications | What | How do you use it? |
| Used Regularly | Strength/Dose? | (How many? How many times a day?) |
| Example: Tylenol | 500 mg | 1 pill 3 times a day by mouth |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| 2. Do you have any medication all If Yes, please specify below. | 0 , | |
| Name of Medication | | Reaction |
| | | |
| | | |
| | | |

Fax: 781-867-2040



Facility Name: _____ Last Name: _____ First Name: _____

COMPREHENSIVE QUESTIONNAIRE (This section pertains to the PATIENT ONLY)

| Please use s | eparate page, if needed. |
|----------------------------------|--|
| Date | Type of Surgery (Operations) |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | rations you have had in the last three (3) years. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitali | rations you have had in the last three (3) years. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |
| other Hospitalia Please use s | rations you have had in the last three (3) years. eparate page, if needed. |

Fax: 781-867-2040



COMPREHENSIVE QUESTIONNAIRE (This section pertains to the PATIENT ONLY)

| Facility | Name: | Last Name: _ | | First | Name: |
|----------------------|--|-----------------|-------------|------------------|----------|
| IMMUI | NIZATIONS | | | | |
| 1. | When was your last tetanus sho | t? | | <u> </u> | |
| 2. | Do you get an annual influenza v | vaccination? | □Yes | □No | |
| 3. | When was your last influenza va | ccination? | | | |
| 4. | Have you had a pneumonia vacc | ination (Pneu | movax)? 🗆 | J Yes □ No | When: |
| 5. | Have you had a shingles vaccina | tion (Zostavax) | ? \square | Yes 🗆 No | When: |
| 6. | Have you had a COVID-19 vaccin | ation? | | Yes 🗆 No | |
| | Dose 1: | Dose 2: | | Brand: | |
| 7. | Have you had a tuberculosis skir If yes, was it negative? | | | Yes 🗆 No | When: |
| DIAGN | OSTIC STUDIES & SCREENINGS | | | | |
| Please | check all of the diagnostic studies | | | ı have had perf | formed. |
| Г | Include the four-digit year and mon Diagnostic Study/Screening | th in the table | below. | | |
| _ | (Test) | Year | r | Vionth | Comments |
| Bone | Densitometry | | | | |
| Mamı | mogram | | | | |
| Prosta | ate Cancer | | | | |
| Sigmo | oidoscopy or Colonoscopy | | | | |
| Sonog | gram (AAA) | | | | |
| Have y | NG EVALUATION ou had a hearing evaluation? wear or need hearing aids? | ☐ Yes ☐ Yes | | | |
| Do you | wear or need nearing dias: | — 163 | _ 140 | | |
| DEPRE : 1. 2. | SSION SCREENING Do you have little interest or ple Are you feeling down, depressed | | - | ☐ Posi ☐ Posi | _ • |

Fax: 781-867-2040

| 1. 2. 3. | ONAL QUESTIONS Are you a current smoker? Are you a former smoker? Are you a non-smoker? | | | | | | | | | | |
|----------------|--|-------|----|------------|-------------------------------|--------------|--|--|--|--|--|
| 1. 2. 3. | Are you a current smoker? Are you a former smoker? | | | | | | | | | | |
| 3. | • | | | | ☐ Yes ☐ N | o | | | | | |
| | Are you a non-smoker? | · | | | | | | | | | |
| 4. | , , | 0 | | | | | | | | | |
| | Have you ever used illegal or illicit drugs? ☐ Yes ☐ No | | | | | | | | | | |
| 5. | Did you have a drink containing alcohol in the past year? | | | | | | | | | | |
| FAMILY | / HISTORY | | | | | | | | | | |
| 1. Age | e at death | | | | | | | | | | |
| | Father Mother | Broth | er | Sister | Child | | | | | | |
| | Check all that apply. Condition | Yes | No | Relationsh | p to Patient Age at Diagnosis | | | | | | |
| | Alzheimer's disease | | | | | Diagnosis | | | | | |
| | Cancer, of what? | | | | | | | | | | |
| | cancer, or what: | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| | Dementia | | | | | | | | | | |
| | Depression | | | | | | | | | | |
| | Diabetes | | | | | | | | | | |
| | Heart disease | | | | | | | | | | |
| | Hypertension | | | | | | | | | | |
| | Kidney disease | | | | | | | | | | |
| | Liver disease | | | | | | | | | | |
| | Stroke | | | | | | | | | | |
| | Other: | | | | | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | | | |
| 3. Did | anyone in your family die at a y | 0 0 | | | s 🗆 No | ge at Death: | | | | | |

Fax: 781-867-2040